

A 7-DAY DEVOTIONAL

# *What Does It Mean to Glorify God*

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*Worship that gives back to the weary heart*

*Simplify to Glorify*

BEFORE YOU BEGIN

## *How to Use This Devotional*

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Read one day at a time, and let yourself go slowly. There is no schedule to fall behind on here. Each day holds a verse, a short reflection, and a prayer you can pray exactly as you are. Come tired if you need to. That is the heart this was made for.

We hear the word glory often, and still wonder what it asks of us. This week is a gentle look at what it means to glorify God, and a quiet discovery hidden inside it. Worship was never meant to only cost you.

The God you were made to glorify is also the God who lifts, steadies, and restores the one who turns toward Him. You do not have to feel strong to begin. You only have to face Him.

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A Note From Me

## *Created to Reflect Him*

Everyone who is called by My name, And whom I have created for My glory, Whom I have formed, even whom I have made.

Isaiah 43:7

You may have heard the word glory your whole life and still wondered what it asks of you. It can sound like something reserved for cathedrals and choirs, far from a tired Tuesday. But to glorify God simply means to show Him as He truly is, and you were made for exactly that. Isaiah says God formed you for His glory, which means your life is not an accident or an afterthought. You do not have to manufacture worth or earn a place in His purpose. The reflecting is already woven into who you are. On the days you feel dim and depleted, this is quietly good news. A mirror does not have to be bright on its own; it only has to face the light. You were made to face Him.

### **A Prayer to Carry**

Father, thank You for forming me on purpose and for Your glory, even on days I feel like very little. I do not have to be bright to reflect You. Help me simply turn toward You today and trust that facing You is enough. In Jesus' name, Amen.

## *Praise That Lifts the One Who Gives It*

*I will bless the Lord at all times; His praise shall continually be in my mouth. My soul will make its boast in the Lord; The humble will hear it and rejoice. Exalt the Lord with me, And let us exalt His name together.*

*Psalm 34:1-3*

There are mornings when praise feels like the last thing you have energy for. Worship can seem like one more thing being asked of an already worn-thin heart. Yet David wrote these words from a season of fear, not comfort, and still chose to bless the Lord at all times. Notice what he says next: the humble will hear it and rejoice. Praise was never meant to drain you. When you lift your eyes to who God is, your gaze moves off the weight you have been carrying alone. Worship reorients you. It does not pretend the hard thing away, but it sets the hard thing beside Someone bigger. That shift is a mercy to you, not only an offering to Him. You are allowed to be lifted by the very thing you give.

### **A Prayer to Carry**

Lord, on the days praise feels heavy, remind me that worship was meant to lift me too. I bless You not because everything is fine, but because You are good and near. Move my eyes off what I carry and onto who You are. In Jesus' name, Amen.

## *Glory in the Ordinary*

Therefore, whether you eat or drink, or whatever you do, do all things for the glory of God.

1 Corinthians 10:31

Most of your days are not made of grand moments. They are made of dishes, phone calls, medications, and meals no one thanks you for. It is easy to think glorifying God belongs to Sunday and that the rest is just survival. But Paul says whatever you do, even eating and drinking, can be done for the glory of God. That means the unseen and unglamorous parts of your day are not wasted. The quiet faithfulness of showing up counts. You do not need a platform or a perfect mood to honor Him. You only need to offer the ordinary as it is. There is a strange relief in this. The pressure to do something impressive lifts, and what remains is simpler. Glory can live inside a very small, very tired day, including yours.

### **A Prayer to Carry**

Father, I have believed that only big moments matter to You. Thank You that even my smallest, most ordinary tasks can honor You. Help me offer this plain day as worship, without needing it to look like more than it is. In Jesus' name, Amen.

## *When Weakness Becomes the Window*

*And He has said to me, My grace is sufficient for you, for power is perfected in weakness. Most gladly, therefore, I will rather boast about my weaknesses, so that the power of Christ may dwell in me.*

*2 Corinthians 12:9*

You may be quietly ashamed of how little you have to give right now. We often assume God is best glorified by our strength, our competence, our held-together selves. Scripture says the opposite is true. The Lord declares that His power is perfected in weakness, not in spite of it. This means the cracked and depleted places in you are not disqualifications. They are where His strength becomes visible. You do not have to hide your limits to honor Him. When you let Him hold you up, others see Him and not just you. There is a deep rest in this. You can stop pretending to be more than you are. Your weakness is not in the way of His glory. In the hands of God, your weakness becomes the window His light shines through.

### **A Prayer to Carry**

Lord, I am tired of pretending to be strong. Thank You that Your power is made perfect in my weakness, not blocked by it. Hold me up today, and let what little I have point to You. In Jesus' name, Amen.

## *Trust That Gives Him Glory*

yet, with respect to the promise of God, he did not waver in unbelief but grew strong in faith, giving glory to God,

Romans 4:20

When the way forward is unclear, trust can feel impossible. You may be staring at a promise that looks long overdue. Abraham knew that ache. God had promised him a son, and his own body and years argued against it. Yet Scripture says that with respect to the promise, he did not waver in unbelief but grew strong in faith, giving glory to God. Notice how trust and glory are tied together here. When Abraham chose to believe God could keep His word, that very trust honored Him. You do not have to feel certain to glorify God. You only have to keep facing Him in the waiting. And here is the quiet gift: trust steadies the one who offers it. As you lean your weight on His faithfulness, you find that you are being held.

### **A Prayer to Carry**

Father, the waiting is hard and the promise feels far away. Like Abraham, help me grow strong in faith by trusting Your character and not my circumstances. May my trust honor You, and may I find myself held as I lean on You. In Jesus' name, Amen.

## *The Glory of Coming to Rest*

*Come to Me, all who are weary and burdened, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and humble in heart, and you will find rest for your souls.*

*Matthew 11:28-29*

You have probably been told to do more for God than to receive from Him. Somewhere along the way, rest started to feel like failure. But Jesus does not call the energetic and impressive first. He calls the weary and burdened, and He offers them rest. Coming to Him is not a lesser form of worship. When you stop striving and let Him carry you, you are saying with your whole tired body that He is trustworthy. That is its own quiet glory. You honor a good Father by climbing into His arms, not by proving you can stand alone. And the benefit returns to you immediately. The yoke He offers is gentle, and the rest He gives is real. You were never meant to carry it all. Come and be carried.

### **A Prayer to Carry**

Lord Jesus, I have treated rest like quitting and striving like faith. Thank You for calling the weary ones first. I come to You now, tired and heavy, and I let You carry what I cannot. Give me Your gentle rest. In Jesus' name, Amen.

## *Made for Joy in His Presence*

*You will make known to me the way of life; In Your presence is fullness of joy; In Your right hand there are pleasures forever.*

*Psalm 16:11*

You may have wondered whether glorifying God is meant to cost you everything and give back nothing. This last truth answers that quietly. David writes that in God's presence is fullness of joy, and at His right hand are pleasures forever. The God you were made to glorify is also the God you were made to enjoy. These are not separate things. When you worship Him, you are drawing near to the very Source of the joy your heart keeps searching for elsewhere. The benefit is not a side effect. It is the whole design. You were created for His glory, and His glory becomes your gladness. So as this week closes, do not think of worship as one more demand. Think of it as coming home. The fullness you long for is found in His presence, where you already belong.

### **A Prayer to Carry**

Father, thank You that glorifying You and enjoying You are one and the same. In Your presence is the fullness my heart has been searching for. Draw me near, and let my worship be the place I come home to. In Jesus' name, Amen.

## *Why I Made This for You*

I have watched so many women carry the quiet worry that worship is one more thing they are failing to do well enough. They show up tired and wonder if they have anything left to give God at all.

But glorifying God was never meant to be one more weight on an already full heart. It is simply turning toward the One you were made for, and being met there.

This week began with what is true about you, that you were created on purpose and for His glory. From there it moved gently through praise, ordinary days, weakness, trust, and rest.

It ends where it was always going to end, in His presence, where the joy you have been searching for actually lives. The God you glorify is the same God who restores you. That is not a transaction. It is His kindness.

With love and prayers, Carla Simplify to Glorify

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